



Designer**Life**Styles

1. When was the last time you worked (how long ago)?
2. What was your annual salary or hourly rate?
3. If hourly, how many hours a week (or average amount)?
4. Were you a regular employee or consultant? How long? How long ago?
5. Do or did you receive cash or a payroll check?
6. Have you been feeling depressed, stressed out about bills, not able to sleep well, easily agitated, socially withdrawn (not as vibrant, not hanging with friends, etc.), anxious, irritable? When did you notice these symptoms?
7. Have you been to the doctor for any of these symptoms or informed your doctor?
8. Have you applied for Public Aid or TANF? If so, what programs? (Cash Aid, GR-General Relief, Medicare, Food Stamps)
9. If so, when and what was the outcome?

Any other non-taxable assistance or resources, please list here: _____



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STEPS TO TAKE

(State Disability Insurance and Social Security Administration Benefits)

1. If client has not already done so, have client apply for Public Assistance - all programs including disability.
2. Find out information on mental/psychological services.
3. Have client schedule an appointment with their primary physician and get a referral for counseling/mental health services.