



Designer**Life**Styles

1. I want to transform my relationship in the following areas:

- A. _____
- B. _____
- C. _____

2. I want to implement the following goals:

- A. _____
- B. _____
- C. _____

3. I want to resolve or eliminate the following problems/challenges/energy drainers or Life hassles:

- A. _____
- B. _____

4. I want to improve or expand my skills/abilities in the following areas:

- A. _____
- B. _____
- C. _____

5. I want to accomplish the following specific measurable or observable results:

- A. _____
- B. _____
- C. _____